



## MR DOUGLAS OLIVER ARMSTRONG

November 24, 1947 - November 4, 2021

Douglas Oliver Armstrong was born in Nashville, TN, November 24, 1947, the fifth child of James E. and Mary A. Armstrong. Being in the middle, he had exactly three brothers and a sister before him, and three brothers and a sister after him. He attended and graduated from Pearl High School in June 1965 (a Nashville Historic Landmark est. 1883) in which most of the Armstrong family graduated. He then moved to Washington DC.

In July of 1965, while working at Internal Revenue Service Cafeteria, he met the love of his life. For him, it was love at first sight and he didn't even know her name. He would find out her name, Lauraella (La), and go on to marry her on August 30, 1966. In June 2019, at the time of her passing, they celebrated 19,166 days together, almost 53 years.

Douglas primarily worked in Warehouse Management with Grand Union, Organic Foods, MS Ginns, Universal Appliances & Parts, and Marlo Furniture.

He gave his life to Christ at Faith Presbyterian Church in SW, DC, he also attended Anna Johenning Baptist Church in SE DC (currently Temple of Praise) and he's been a member of Hunter Memorial AME Church (currently known as Real Power AME Church) for many years. He was a member of the Steward Board, Trustee Board, Usher Board and Transportation Ministry. Douglas' mantra was "God and I are doing Great!" He spent his time drawing, writing in his journal, praying, singing and encouraging many. He loved his

dialysis family for a total of 13 years (since 2008). He had two different periods, there was a break when he was a kidney transplant recipient.

Douglas departed on Thursday, November 4, 2021, due to a brain injury after a fall. In his transition he was able to contribute and enhance the quality of life of others with the Washington Regional Transplant Community.

He is preceded in death by his Parents: James E. Armstrong, Sr., and Mary A. Armstrong; his wife Lauraella T. Armstrong, siblings: James E. Armstrong, Jr., Juanita Armstrong-Carter, Benjamin L. Armstrong, Helen Marie Duncan, John W. Armstrong, Sr., Joan A. Armstrong, Alfred S. Armstrong, and Carlton W. Armstrong, Sr.

He leaves behind to remember him, his two daughters Laurese Nichole Armstrong, Angela Rochelle Watkins (Corey), granddaughter Katlyn Marie Armstrong, niece/daughter Lisa M. Becton-Armstrong, "adopted" daughters Catina Hebb and Christine Anderson, siblings: William C. Armstrong and Ronald O. Armstrong, Godsons: Micah Singleton, Donald Tabron Jr., and a host of cousins, nieces, nephews and many friends. He will truly be missed by those he leaves behind.

A memorial service will be held on Friday November 19, 2021 at Pope Funeral Homes, Forestville Chapel - 5538 Marlboro Pike District Heights, MD 20747 from 2:00 pm to 4:00 pm and streamed to attend virtually.

To send a contribution to assist the family visit the In the Memory of Douglas Armstrong page. (<https://gofund.me/5f6025b5>)

# Previous Events

## Memorial Service

NOV **19**. 2:00 PM - 4:00 PM (ET)

Pope Funeral Home Forestville Chapel  
5538 MARLBORO PIKE  
FORESTVILLE, MD 20747

# Tribute Wall



“ *Pope Funeral Homes created a Webcast in memory of MR DOUGLAS OLIVER ARMSTRONG*



**Pope Funeral Homes** - November 19, 2021 at 02:33 PM



Ramona Wylie

*Sorry wasn't able to attend in person but my heart was there with you. Had I been there would have sung blessed Birthday to him as we shared the same birthday month and I will miss him singing Happy Birthday 🎂.. He is now at peace may he rest in his glory 🙏❤️*

**Ramona Wylie** - November 19, 2021 at 05:26 PM



“ *MR DOUGLAS OLIVER ARMSTRONG*

January 28, 2023 at 02:13 PM



“ *MR DOUGLAS OLIVER ARMSTRONG*

January 28, 2023 at 10:26 AM

WS

“ *Mr. Douglas was our neighbor for over 10 years not only a neighbor he was a friend . We knew him as pop's he had a beautiful spirit and a beautiful voice we loved to here him sing in the mornings going down the hallway. Gone but not forgotten my you rest peacefully in Heaven.*

William & Catherine Stevenson - November 19, 2021 at 05:20 PM

BC

“ *My husband and I were neighbors of Doug and La when we all lived on South Capitol Street. We became good friends and spent lots of time visiting. We lost connection over the years but reconnected a few years ago. Condolences to the family and friends.*  
*Bill & Barbara Cheeks*

Barbara Cheeks - November 19, 2021 at 03:45 PM

CN

“ *Charlie Neal lit a candle in memory of MR DOUGLAS OLIVER ARMSTRONG*



Charlie Neal - November 19, 2021 at 03:29 PM

AJ

“ *1 file added to the tribute wall*



Amir Josiah - November 19, 2021 at 01:43 PM



“ You and your family will be in my thoughts.  
Wishing you comfort and peace in the days ahead.

*Kimberly King*

Kimberly - November 19, 2021 at 10:52 AM



“ 1 file added to the tribute wall



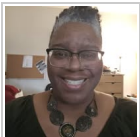
Charles Duncan - November 19, 2021 at 10:38 AM



“ Dad (Douglas) over the years



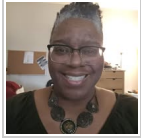
Angie Watkins - November 18, 2021 at 07:16 AM



“ More Pics of Dad with Katlyn (granddaughter), Nichole (daughter) and Angie (daughter)



Angie Watkins - November 17, 2021 at 04:37 PM



“ 1 file added to the tribute wall



**Angie Watkins** - November 15, 2021 at 01:35 PM



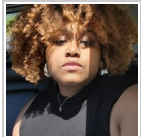
*One of the rarer pics with us all together. Left to right: Me (Anggie), Dad (Doug), Mom (Lauraella), Nichole, and Katlyn*

**Angie Watkins** - November 17, 2021 at 04:18 PM

CN

*Praise the lord*

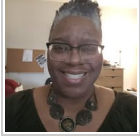
**Charlie Neal** - November 19, 2021 at 02:19 PM



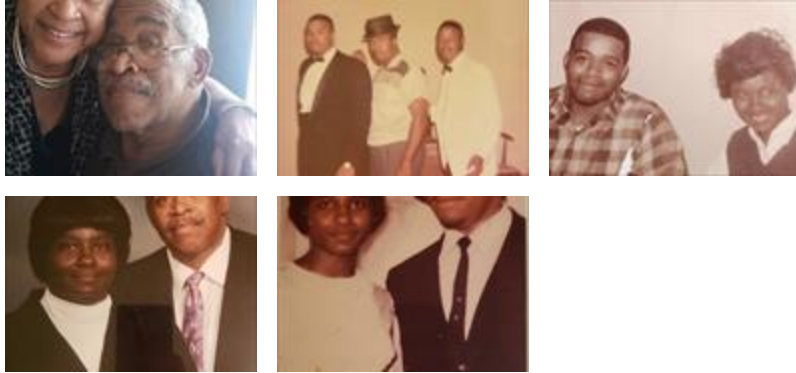
“ 1 file added to the album Memories Album



**Katlyn Armstrong** - November 13, 2021 at 03:54 PM



“ pics Douglas Armstrong (my dad) with my mom Lauraella, his brothers and his sister who shared the same birth month



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Anggie Watkins - November 13, 2021 at 12:57 PM

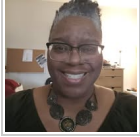


“ 1 file added to the tribute wall



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Anggie Watkins - November 13, 2021 at 12:51 PM



“ *Some pics of Douglas Armstrong (my dad) with his wife Lauraella and his brothers and sister.*



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**Angie Watkins** - November 13, 2021 at 12:26 PM